

FREE WOMEN'S HEALTH LECTURE

Hormone Havoc

MAKING MENOPAUSE MANAGEABLE

Menopause can be a roller coaster of physical, mental and emotional changes. There are hot flashes, mood swings, sleep problems and memory loss. Yet women are often confronted with confusing and conflicting advice about how to best manage their symptoms.

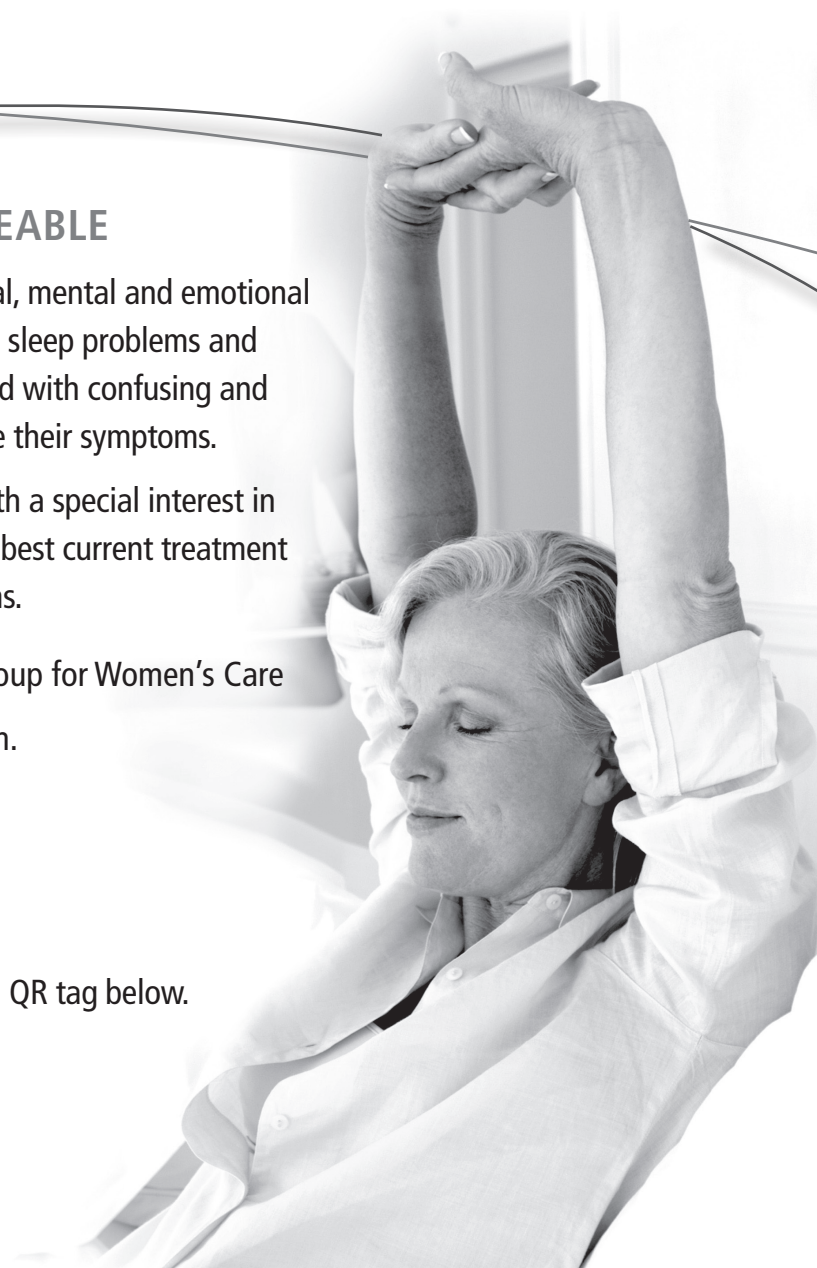
Come hear a board-certified gynecologist with a special interest in menopause discuss the pros and cons of the best current treatment strategies for relieving menopausal symptoms.

Speaker David Thayer, MD, of the Thayer Group for Women's Care

When Wednesday, June 8, from 7 to 8 p.m.

Where Millennium Harvest House
1345 28th Street, Boulder

RSVP **Reservations required**
To register, call 303-441-0580, visit
bchlectures.org/menopause or scan QR tag below.



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